



Sew Simply Stitched

QUILTING & SEWING RETREAT

MARCH 25-28, 2026

UINTAH CONFERENCE CENTER VERNAL, UT

www.sewsimplystitched.com

Class:	Flower Power Pillow	
Date/Time:	Friday, March 27, 2026	8:00 am to 11:00 am
Instructor:	Stacie Dartnell, sewmom.dart@gmail.com	
Class Tuition:	\$40	
Class Kit:	TBD	
Skill Level:	All skills welcome	



Class Description:

For this class, we will be taking Amanda Murphy's Flower Power quilt pattern which uses oversized blooms and creating a 16" pillow instead of a quilt.

We will use the decorative stitches on the sewing machine to give the appliqué a fun new, finished look. You'll get some tips on perfecting decorative stitches so you can see how fun it is.

I would recommend that you choose the layout you want to make with the flowers and prep the flower pieces ahead of time. The pattern includes template shapes that are already reversed and ready for fusible applique.

With some of the prep work done we should be able to complete the applique stitching in class. All the new knowledge will have you ready to make a whole quilt.

Fabric Requirements:

Supplies Needed:

- Flower Power pattern available at (blog.amandamurphydesign.com)
- 50wt thread for piecing. 28wt thread for appliqué
- Batting 20" square
- Shapeflex
- Tear-away stabilizer
- Mary Ellen's Best Press or other starch
- 1/2" Clover fusible or regular bias tape maker
- 1/4" Lite-Steam-A-Seam-2 tape.

